

Intended Learning Outcomes:	On completion of the module students should be able to: <ol style="list-style-type: none">1. Explain the principles of Behavioural Science in Health, Exercise and Sport.2. Describe the factors which influence human behaviour.3. Explain the application of behavioural science in Health, Exercise and Sport.4. Describe the behavioural science principles behind individual personality and abnormal behaviour.5. Outline the theories of performance and behavioural science.6. Describe the ethical issues relating to behavioural science in Health, Exercise and Sport.7. Describe the use of behavioural science in individual and team sports.8. Describe the key areas relating to behavioural science in special populations.9. Develop independent learning skills.
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